

Government Ayurved College, Nagpur

Programmes conducted Under “AZADI KA AMRIT MAHOTSAV”
at Government Ayurved College, Nagpur.

August 2021

1) On the occasion of world Breast feeding day a health check-up camp was organized for women.- 49 beneficiaries



2) General Health check-up camps was organized at Nagpur on 18th August 2021 at Gramin Police Mukhyalaya road, Kapil Nagar, Nagpur -119 beneficiaries



3) General Health check-up camps was organized at Nagpur on 24th August 2021 at Kabir nagar, Rani lay-out, Nagpur- **86** **beneficeries**



4) General Health check-up camps was organized at Nagpur on 27th August 2021 at Hanuman Mandir, Ayodhya Nagar, Nagpur - **58** **beneficeries**



5) General Health check-up camps was organized at Nagpur on 29th August 2021 at Mahendra Bhangе Karyalaya Avale babu square, Nagpur -**57beneficeries**



6) General Health check-up camps was organized at Nagpur on 31st August 2021 at Manewada juni basti Besa road , Nagpur- 85 beneficeries



September 2021

1) A Pediatric Health check-up camp and awareness regarding Balposhan related problems was organized at Govt. Ayurved Hospital, Nagpur from 15th to 30th September 2021 -

307 beneficiaries

2) A Lecture by Dr. Archana Nikam was delivered on **“Importance of Poshan in Children”**



3) A Lecture by Dr. Manoj Gayakwad was delivered on **“Importance of Diet in Garbhini, Sutika and Breast feeding mothers”**



4) A Lecture by Dr. Sumita Jain was delivered on **“Importance of diet and Yoga in adolescent age”**



5) A Lecture by Dr. Sfurti Bhovate was delivered on **“Importance of Hygiene ”**



6) A Lecture by Dr. Anita Bombarde was delivered on **“Importance of Diet in Adoloescent girls”**



7) A Lecture by Dr. Preeti Pawar was delivered on **“Importance of diet in Women ”**



8) A Lecture by Dr. Dhananjay Hange was delivered on **“Importance of Diet in Anaemia”**



9) Exhibition on Balanced diet in children and prevention of Diseases due to Malnutrition was organized for public awareness during





10) A Lecture by Dr. Meera Aurangabadkar was organized On 22nd September 2021 Online for UG students and Offline for PG students on the topic

“Rakta dushti janit vikarat Hetu Vichar

11) A Lecture by Mrs. Parvinder Kaur On 22nd September 2021 Online for UG students and Offline for PG students on the Topic **“Dietary management in Bleeding Disorders”**

12) A Pediatric Health check-up camp and awareness regarding **Healthy food habits** was organized at Raj Nagar, Nagpur on 25th September 2021 - 30 beneficiaries

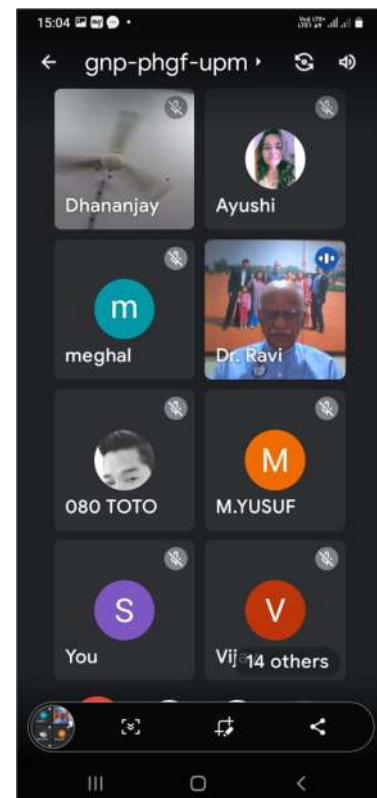
POSHAN MAAH ABHIYAN 2021
Government Ayurved College, Nagpur
Guest Speakers

<p>Dr.Meera A.Aurangabadkar MD Kayachikitsa & Rognidan Retd.Prof. Dept. Of Roganidan & V.V</p> <p>Topic Ayurved Concept Of etiological Factor In Bleeding Disorder</p>	<p>Mrs.Parvinder Kaur PGDDM, Nutritionist</p> <p>Topic Dietary Management In Bleeding Disorders</p>
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Very informative talk by Dr Meera Aurangabadkar mam on Haemophilia and dietary factors.





13) A Online Lecture by Dr. Ravi Wankhade
was organized On 29th September 2021
for UG and PG students on the topic
“Importance of Organ Donation”




October 2021

- 1) Awareness programme about prevention of Diabetes through proper food habits and Yoga was conducted On the occasion of World Diabetes Day from 14th to 21st October 2021 **Anti Diabetic Drink** was also distributed to Diabetic patients.

Government Ayurvedic College, Nagpur
Department of
Swasthavritta and Yoga



जागतिक मधुमेह दिवस



WORLD DIABETES DAY

On the occasion of World Diabetes Day
Department of Swasthavritta distributing
Anti Diabetic Drink at **OPD no 6**

Place: GAC Nagpur
Date: 14/1/2021 To 21/11/2021
Time : 8:30 To 12:30

2) An Ophthalmic Health check-up camp was organized at Manoharji Jain Rughnlaya, Nagpur on 24th October 2021 - **253 beneficiaries**



November 2021

1) E-Poster competition on theme
“Ayurved se Poshan” was organized
on 1st November 2021

Ayurveda se poshan

Government Ayurved College,
Nagpur

DEPARTMENT OF
SWASTHVRITTA AND YOGA

E- poster Competition

आयुर्वेद की
अमृत गहलियार

Guidelines for poster competition

- ONLINE IMAGE OF A3 SIZE IN HORIZONTAL AND VERTICAL ORIENTATION.
- FONT - TIMES NEW ROMAN, 12 FOR RUNNING, 14 FOR SUBHEADINGS AND 16 FOR TITLE.
- TITLE SHOULD BE SHORT AND ATTRACTIVE.
- WORD COUNT 200 TO 500 WORDS. TEXT SHOULD BE CLEAR AND TO THE POINT.
- USE BULLETS, NUMBERING AND HEADLINES.
- EFFECTIVE USE OF GRAPHICS AND COLOUR.
- MENTIONED NAME, DESTINATIONS AND INSTITUTE NAME.

Last date of submission of e - poster :- 1/11/ 2021

Eligibility:-UG students
PG student

Contact
Dr.Parita-7385198433
Dr.Darshana-7385034406
Dr .Minal- 7058981231
Dr.Neha - 8329390252

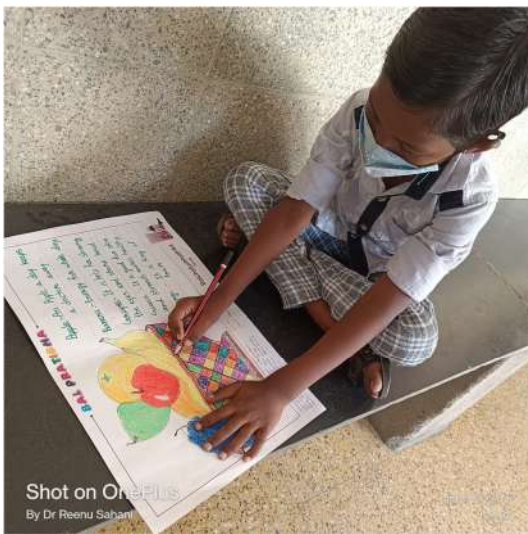
2) Rangoli competition on theme “Ayurved se Poshan” was organized on 1st November 2021



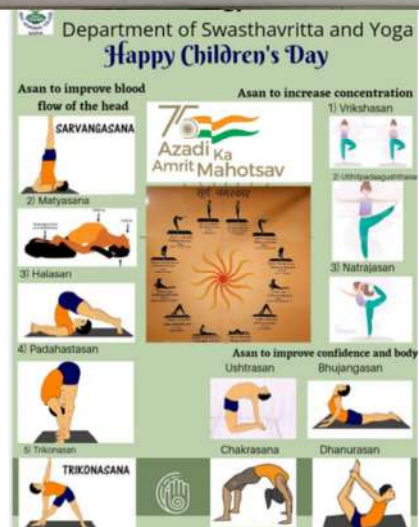
3) On the occasion of Children’s Day Brain Boosters competition was organized on 9th November 2021



4) On the occasion of Children's Day Drawing and Painting competition was organized on 15th November 2021



5) On the occasion of Children's Day camp of Yogasanas for improving



concentration and for better growth and development was organized on 15th November 2021

6) On occasion of celebration of Samvidhan day

A Lecture by Dr. Nikhil Pande was organized on 26nd November 2021 for PG Students on the topic **“Psychology and Covid-19”**



December 2021

- 1) On the occasion of National Aids Awareness day Health check-up camp and free blood checking camp and A lecture for hospital staff and students on aids awareness was organized at Govt.

Ayurved Hospital, Nagpur



- 2) A Health check-up camp was organized at Bahujan Hitay girls Hostel, Nagpur on 3rd December 2021 - 45 **beneficiaries**

A Lecture on Immunity and prevention of COVID 19 , Omicron viruse swas delivered

